

World Champion & Olympic Medalist In-Chul Cho Judo Clinic

DATE: Saturday, February 13, 2010 USJF Sanction # 10-02-07

TIME: Registration 11:30 AM -12:00 PM
Clinic – 12:00 PM – 4:00 PM

COST: \$40.00

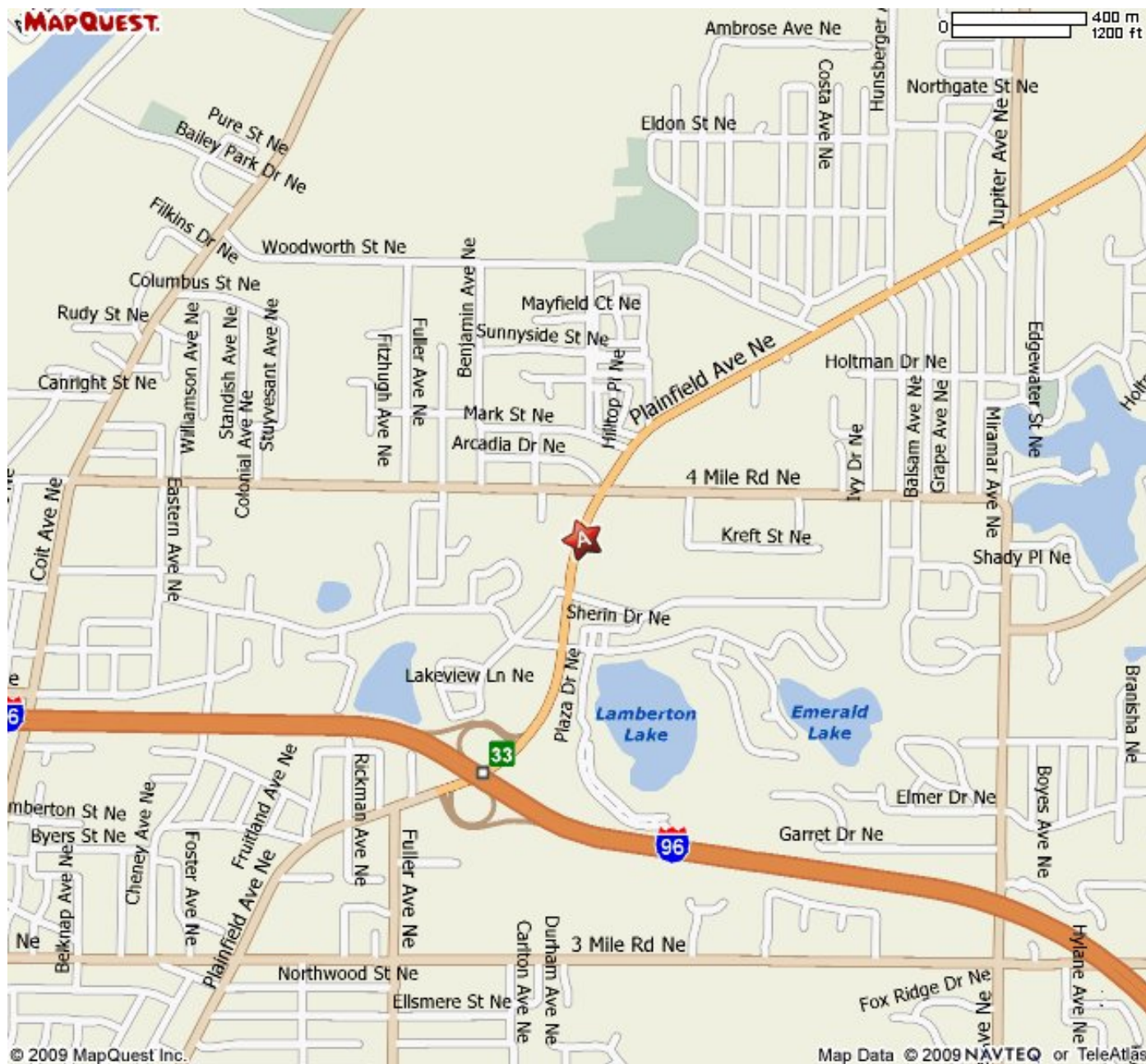
LOCATION: Michigan Extreme Training Center
3494 Plainfield Avenue NE
Grand Rapids, MI 49525
Jim Murray (616) 293-1568

World Champion & Olympic Medalist In-Chul Cho

- Gold medal in 1997 World Championships, Paris
- Gold medal in 2001 World Championships, Munich
- Silver medal in 2000 Olympic Games, Sydney
- Bronze medal in 1996 Olympic Games, Atlanta
- Coach of South Korean National Judo Team 2002
- Coach of South Korean National Judo Team 2008
- Professor of Sports Science, Yong-In University, 2001-Present
- Sports Physiology Doctorate Degree, Myong-Ji University 2002-2004
 - Influence of Competition Anxiety on Judo Athletes' Performance, presented at International Judo Science Conference in 2002
 - The Effects of Judo Coach's Coaching Styles on Group Cohesiveness, presented at International Judo Science Conference in 2003
 - The Effect of Phellinus Linteus and Fordyce's Militaries Supplementation on Blood Fatigue Element Changes and Antiox, presented at International Judo Science Conference in 2004

Directions:

Interstate 96 to Exit 33. Go North on Plainfield ½ mile. The facility is on the East side of the road in the Northtown Plaza towards the back. The facility is next to the Secretary of State office.



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PARTISAPANT (PLEASE PRINT)

NAME: _____ **Sex: Male:** _____ **Female:** _____
Last First

ADDRESS: _____ **PHONE:** _____

CITY: _____ **STATE:** _____ **ZIP:** _____ **E-MAIL:** _____

AGE: _____ **DATE OF BIRTH:** _____ **CLUB:** _____

CURRENT PRIMARY REGISTRATION #: (circle one)	<input type="checkbox"/> USJI <input type="checkbox"/> USJA <input type="checkbox"/> USJF	No.:	Expiring Date:	
FOREIGN CONTESTANT'S NGB #:			Expiring Date	

COST: \$40.00 - Make Checks Payable to Jim Murray

HOW PAID: Check # _____ Cash

You need to have your current updated USJF, USJI, or USJA card with you for participation in the workshop
The Warning! Waiver and Release of Liability and Agreement to participate must be completed.

